

An ECKANKAR *Soul* — 
Adventure



Secrets of Divine Creativity

All Problems Come
with Answers

“*In the power of divine creativity,
there is no limitation whatsoever.
The creative imagination can lift us
into truly becoming godlike beings.*

HAROLD KLEMP

SECRETS OF DIVINE CREATIVITY: AN ECK SOUL ADVENTURE

Soul adventures are spiritual experiences that touch us at the very core of our being.



You are Soul—an eternal, unique spark of God. As Soul, you have the God knowledge within you.

Stories • Inspiration • Spiritual Exercises

Discover how using your divine imagination, the God-spark within you, can

- ◇ make your life more meaningful,
- ◇ reveal better ways to handle troubling situations, and
- ◇ lift you into truly becoming a godlike being!

The word *Eckankar* means Coworker with God. It is the Path of Spiritual Freedom. *ECK* means Life Force, God Current, or Holy Spirit.

WHAT IS THE SECRET OF CREATIVITY?

Do you ever wonder if there's a better way to meet the ups and downs of life?

Think of it—you are Soul! So what's the story?

You are a spark of God—eternal, unique, and endlessly creative. **The creative element is the God-spark within you.** This divine spark, you see, is your strength, solace, and sustenance in every troubling situation.

Please explain!


Well, Soul, in Its awakened state, is a natural survivor. **All problems have answers,** so there is nearly always a better way to handle them. **Using our creative talents can help us** do so.

Contrary to the beliefs of some, the spiritual life isn't meant to end our

problems, because each challenge is an opportunity for Soul to unfold just a bit more in Its quest for complete freedom and perfection. A tall order, indeed, but well within your grasp.

The process of unfolding builds strength, trust in your divine nature, and wisdom to meet the ups and downs of living.

**HAS A PROBLEM
IN YOUR LIFE
TURNED INTO AN
OPPORTUNITY?**



You can learn to make a vibrant connection with the God Current, or the Holy Spirit. We call It the ECK.

Aligning with the God Current

How to begin? Easy enough. **You start by singing HU**, a love song to God. It's a Spiritual Exercise of ECK. Other exercises include unique techniques and visualizations to help you find God.

Understand, **the Holy Spirit is always working on your behalf.** Now you want to learn how to align with It.

As you go about your day, ideas will come

to mind on how to solve problems, how to make your life more meaningful, or, simply, how to help others. **Such ideas are nudges from the Holy Spirit** whispering to you. Watch for them.

Yes, we want our life to be easy and run smoothly.

When things run too well, however, our creativity falls asleep.

Should conditions turn difficult again, which they certainly will, we're jarred from our slumber. Yet, **our God-sense tells us things don't have to be that arduous** all the time.

**How DO YOU
SLIP INTO A
CREATIVE MODE?**

The harder our life gets—if we're at all God-inspired—**the more quickly we slip into a creative mode.** We are determined to survive.

My Heart Is like Warm Butter!

Let's look at an example from "Wilford."

He is an ECK student from Germany who used this divine principle to help him

manage a simple problem.

One day, he set out to return an unsatisfactory item to the store. As he thought about the return, he felt the salesman would resist taking it back.

In his mind's eye, Wilford envisioned a likely scenario. The salesman would say, "Sorry, I can't take it back." As a sign of protest, Wilford might even stomp from the store, leaving his purchase abandoned on the counter.

But rather than head in this no-win direction, he decided to let his heart become soft. This idea had come to him in a dream, where he found he could pass through dream walls if he kept his heart soft, like warm butter.

Wilford realized that when he became fearful, in a dream or daily life, his heart would turn cold. It

became hard like a brick. So when he got to the store, Wilford fixed the image of warm butter firmly in mind, repeating to himself, "My heart is like warm butter!"

**DID A DREAM
EVER GIVE YOU
AN ANSWER
OR IDEA?**

It worked.

Wilford returned his purchase without the embarrassment of making a scene. He knew, with complete assurance, that divine creativity had come to his aid.

Try this technique. See if it will also work for you. 🌿

“ *The creative imagination is vital in that it gives people a way to help bring the greatest spiritual blessings into their lives.* ”



TRY A SPIRITUAL EXERCISE

CREATORS OF OUR WORLD



Soul exists because God loves It.

You are Soul. In Its pure form, nothing is more elegant or regal than Soul, for It is the handiwork of the Creator.

Yet life is a mystery until we begin to understand that **we can be the creators of our own world.** In truth, what we are today is a creation of that which we have made from the past.

There is **a way to change the future.**

Sing HU, this ancient name for God. Open yourself to the guidance, insights, love, and wonder of Divine Spirit raining Its blessings into your life.

So SING HU,
A LOVE SONG
TO GOD,
EVERY DAY.

Silently say, "Thy will be done" with all your trust and gratitude. ~

How to Sing *HU*

Your eyes can be open or closed.

- ◇ Take a few deep breaths to relax.
- ◇ Then begin to sing *HU* (pronounced like the word *hue*) in a long, drawn-out sound: HU-U-U-U.
- ◇ Take another breath, and sing *HU* again. You can continue for up to twenty minutes.
- ◇ Sing *HU* with a feeling of love, and It will gradually open your heart to God.

Experience HU

HU

Sacred Sound—Ancient Mantra



DREAM, AND IT MIGHT COME TRUE

By Peggy McCardle

Would you like to be the creator of your own world? Here is how one woman improved her life and created a new future.

This is the third year I've had my perfect job. It's the most interesting and rewarding job I've ever had, **because I asked Spirit to help me dream it up!**

Four years ago, I taught speech-language pathology at a university, and I was fairly successful at it. **Life was good.**

One weekend I was about to enter a ten-kilometer race. I got out of the car and jogged over to the table to pick up my racing number, and **I tripped over a speed bump** in the parking lot. A simple little fall.

As I fell, a pinpoint of pain started in my heel, shot like lightning up my right leg,

and exploded in my hip.

I don't remember it hurting much, but I do recall **wondering why I had fallen.**

A few X-rays later, I discovered the fall had fractured my hip socket! I was in traction at home for six weeks.

Every day, I practiced the Spiritual Exercises of ECK. I had a lot of time to look within and think.

My husband's job was ending in six months. We knew one of us had to find a job in a city where the other could also find work. Our small town had nothing further to offer my husband in his chosen profession, and I realized I wanted to move back to the East Coast, where my family lived.

My-Perfect-Job Game

I began to imagine a game—like deciding how you'd spend a million dollars if you won a sweepstakes. This game was called My Perfect Job.

I asked the Inner Master,
“What if I could design
my own perfect job?
What would it look
and feel like?”

DISCOVER
MORE ABOUT THE
INNER MASTER,
THE MAHANTA

Over the next several weeks, I decided my ideal job would be in a large metropolitan hospital, where I'd diagnose children's speech problems. The hospital would also have a medical-school affiliation so I could do research.

I knew, as I dreamed, that such a job didn't exist. Or if it did, I didn't know where! But it was such a fun game to play.

Over and over again, I focused on the image of my ideal job, releasing it to Divine Spirit, the ECK, each time. Thy will be done!

As soon as I was up and around on crutches,



life got busy and hectic again. I forgot about my game. I sent out a few job inquiries and even applied to a hospital in the Washington, DC, area.

A few weeks later, I got a notice in the mail, describing a job at a large medical center. I called the hospital, but I had a sinking feeling that the job would involve adult patients, because it was a military medical center.

Imagine my surprise when the personnel director said, “I don’t even have a job description to read you yet. It’s a brand-new position in pediatrics, though, working with children.”

Inside, I shouted,
“*This is my dream job!*”
I just knew it.

DO YOU HAVE

A DREAM

YOU’D LIKE GOD
TO HELP WITH?

The next week, I flew there, interviewed, and got the job. It had everything I wanted—and lots of things I hadn’t even thought to ask for.

That’s the way Spirit works, when you dream with detachment. “Thy will be done.”

I guess folks get tired of hearing old clichés such as “Everything happens for a reason” or “Look for the silver lining.” But when things get rough, I remind myself **I got the best job I ever had as a result of what everyone thought was the worst thing that ever happened to me!**

I’ve learned to relax in the arms of Spirit. And to dream with love and a light heart. 🌿

“ *The creative mind of man is imbued with Spirit, especially when it is trying to create something for the good of mankind.* ”

ANSWERS TO YOUR QUESTIONS ABOUT CREATIVITY

*I'm not an artist, writer,
or musician.*

*How can I relate to
the creative state of Soul?*



This positive, creative nature may find expression in countless ways: cooking for loved ones, the needy, or as part of one's profession. It may be in planting a garden and taking care of it. Or you may read a bedtime story to your child, grandchild, or neighbor.

You may put your love into starting a business. Or sewing clothes for yourself or others. It may be in stopping to chat with a neighbor or friend, or dropping someone a note marking a special occasion. Or sharing another's grief.

Ways upon ways.

As a matter of fact, most

**TODAY,
PRACTICE ONE
NEW, CONSCIOUS
ACT OF LOVE.**

people express these positive and creative traits every day—but they do so unconsciously.

Doing something for another on a daily basis reflects God's love for you. It's the standard outside yourself.

HOW DOES
YOUR LIFE
REFLECT GOD'S
LOVE?

What, then, is your mission?

It is to search for and discover your creative talents. For in finding and doing something of a positive nature, you love God. 🌿

“*The creative power works best through those who love what they are doing.*”



MEET SRI HAROLD KLEMP

A spiritual teacher who can help you on your path of spiritual self-discovery.

Sri Harold Klempe is the spiritual leader of Eckankar—the MAHANTA, the Living ECK Master. His role is to awaken the knowledge and love for the divine things already in your heart.

As the Inner and Outer Master, he gives spiritual help via talks and writings, in the dream state, and in the spiritual worlds.

☾☾ *Glory in the fact that you are a spark of divine creativity. All human conditions allow a chance to try your wings.*



ECK ENROLLMENT

ECKANKAR'S SPIRITUAL LIVING COURSES

*Go higher, further, deeper
on your path of
spiritual self-discovery!*



WHAT WILL YOU EXPERIENCE?

This ever-expanding adventure can bring you personal transformation from the moment you begin. This includes

- ◇ monthly **self-discovery courses** with advanced **spiritual techniques** for private study;
- ◇ opportunities to explore the courses in **small group discussion classes**;
- ◇ quarterly letter and updates from a **God-Realized teacher** with timely perspectives;
- ◇ **spiritual initiations**—profound steps of enlightenment;

- ◇ a community of like-hearted people who respect spiritual freedom and love truth;
- ◇ opportunities for further spiritual training and service.

Start Your ECK Adventure



AdvancedSpiritualLiving.org



Student Services
+1 952 380 2222



ECKANKAR
The Path of Spiritual Freedom

Eckankar.org